

Northpointe Pediatrics

Autism Guide

Hilary Cronin, CPNP, Caitlin VanderWindt, CPNP, Jenny Train, CPNP, and Sharon Kraydich, DNP are your Care Managers at Northpointe who will help you navigate this process. They will be in contact with you. You may always reach out to them through the Patient Portal or by calling Northpointe Pediatrics (586) 558-2111. They do not have a direct line but they do have a private voicemail. If you call feel free to leave a detailed message including your child's name, reason for your call and a call back number.

If you have **Commercial** insurance [Click Here](#)

If you have **Medicaid** insurance [Click Here](#)

If you are looking for **Parent Resources**

[Click Here](#)

Commercial Insurance:

Step 1: Investigate autism benefits through insurance

- 3 options:
 - a. Contact insurance company yourself and ask to speak to the autism benefit department
 - i. Ask: *“where do I go for a diagnosis for my child”* and *“what services are covered”* (Physical Therapy, Occupational Therapy, Speech Therapy, ABA therapy?)
 - b. Visit website of **Autism Alliance of Michigan**, click the “Contact MiNavigator” tab and complete the form. A navigator will be assigned to you and can perform an insurance investigation on your behalf. They will then give information about approved autism evaluation centers
 - c. Call a local company who can perform an insurance investigation on your behalf and then give you evaluation center options based on their findings
 - i. **Centria Healthcare** (855) 772-8847
Trumpet Behavioral Health (855) 824-5669
Lumen Pediatric Therapy (888) 485-8636

Step 2: Make an appointment for **autism testing** based on insurance requirements [Click Here](#) for some recommended options

Step 3: Based on evaluation results, begin recommended **therapies**

[Click Here](#) for some recommended options

****Your insurance company also has a list of providers that can perform an autism evaluation and take your insurance.**

- Use this document as a starting point but check on your insurance website or call the number on the back of your insurance card to find a list of providers.
- Often you can find a provider on your insurance website, under the member service tab for “find a doctor” and searching for “autism” in the specialty filter.

Medicaid Insurance:

Step 1A: Request an access manager through your county

- **Macomb County:** Macomb County Access Center (586) 948-0222
- **Wayne County:** Wayne Mental Health Authority (800) 241-4949
- **Oakland County:** Oakland County Health Network (248) 464-6363
 - a. First state that you are “in need of an autism evaluation” which will refer you to an access manager
 - b. A phone screening will occur to determine the need for a further in-depth autism evaluation
 - c. Access manager will assign you to an evaluation center (if you need an in-home evaluation, request at this time)

Step 1B: While you are working with your county’s access center, you can start calling to get on the waitlist for an autism evaluation at the same time. This may help speed up the process of getting an evaluation for your child.

[Click Here](#) for some recommended options

Step 2: If autism is diagnosed, findings will be sent to the state. The state of Michigan will need to approve the diagnosis (this may take several weeks)

Step 3: Once the state approves, you will be referred to an ABA therapy provider who takes Medicaid insurance (some will provide in-home ABA if needed)

[Click Here](#) for some recommended options

Autism Evaluation

University Pediatrics Novi (248) 305-6172 Detroit (313) 662-2290 +Medicaid (Detroit only)	Individualized Outcomes for Autism (248) 289-3008 <i>*In home, Commerce Twp</i>
Imagine Center (313) 656-4052 Sterling Heights, Northville, Detroit	Sollars & Associates (248) 787-0855 Multiple locations
Beaumont Center for Human Development (248) 691-4744 Southfield +Medicaid	Henry Ford Center for Autism & Developmental Disabilities (313) 972-3050 Clinton Twp (313) 972-9009 Detroit +Medicaid
Healing Haven (248) 965-3916 Madison Heights	Triton Behavioral Health (248) 429-9145 GPW, Farmington Hills, Ferndale, Shelby Twp, Dearborn +Medicaid
Bluetree Behavioral Health (586) 299-1123 Warren	Neuropsychology Partners (248) 629-9470 Berkley
Murray Center for Behavioral Wellness (248) 765-1795 Southfield BCBS only	Keller Clinic Educational & Psychological Services (248) 338-1700 Bloomfield Hills
Michigan Modern Psychology (313) 561-9064 Ferndale, Brownstown, etc	Mielke & Weeks Psychological Services (586) 871-8451, (248) 808-7681 Rochester Hills
HealthCall Community Healthcare Services (248) 395-3777 Royal Oak, Berkley +Medicaid	Beaumont Children's Center for Exceptional Families (313) 996-1960 Dearborn +Medicaid
Easterseals Michigan (248) 475-6400 Auburn Hills, Centerline, Southfield, Troy +Medicaid	Michigan Medicine Mott Autism (734) 232-7513 (734) 764-0231 Ann Arbor
Acorn Health 586-261-8524 Clinton Twp +Medicaid	Sprout Evaluation Center 734-890-9113 Livonia +Medicaid
Hope Network 844-969-0252 Livonia	Behavior Frontiers (248) 599-1582 Detroit +Medicaid
Training and Treatment Innovations 800-741-1682 Troy, Sterling Heights ABA +Medicaid	

Autism Therapy:

- Applied Behavior Analysis (ABA)- the top recommended treatment for children with autism
- Speech Therapy (ST)
- Occupational Therapy (OT)

Centria Healthcare (855) 772-8847 <i>Clinton Twp, Farm Hills, Dearborn</i> ABA +Medicaid	Trumpet Behavioral Health (855) 824-5669 <i>Warren, *in home</i> ABA +Medicaid
Gateway Pediatrics Therapy (248) 270-8196 <i>Shelby Twp, St Hts, GP, Livonia, Dearborn</i> ABA, ST, OT +Medicaid	Metro EHS (313) 278-4601 <i>Detroit, Rochester Hills, St Hts</i> ABA, ST, OT, PT, feeding therapy +Medicaid
University Pediatrics <i>Clinton Twp (586) 228-2300</i> <i>Novi (248) 305-6172</i> <i>Detroit (313) 662-2290</i> ABA	Avid ABA (586) 228-9991 <i>Chesterfield, Detroit, Roseville, Port Huron, Westland, Flint</i> ABA, ST, OT +Medicaid
Behavior Frontiers (248) 599-1582 <i>Detroit</i> ABA, behavioral services +Medicaid	EasterSeals (800) 757-3257 <i>Auburn Hills, Centerline, Southfield, Troy, *in-home</i> ABA, PLAY project, ST, OT +Medicaid
Star Behavioral Consultants (586) 251-2556 <i>Shelby Twp</i> ABA, ST, OT	Individualized Outcomes for Autism (248) 289-3008 <i>*In home, *In school, Commerce Twp</i> ABA center-based and in-home
Kaufman Children's Center (248) 737-3430 <i>West Bloomfield</i> ABA, ST, OT sensory integration	Lumen Pediatric Therapy (888) 485-8636 <i>St Clair Shores</i> ABA, ST, OT
Carlyle Center (313) 580-9716 <i>Grosse Pointe</i> ABA in-home or center-based, school consulting, parent training	The Children's Center (313) 324- 8570 <i>Detroit</i> ABA, behavioral services
Caliber Autism & Pediatric Therapy (248)245-8728 <i>Troy</i> ABA	Michigan School of Psychology (248) 919-0063 <i>Farmington Hills</i> ABA

LifeLab Kids (248) 629-4600 <i>Clinton Twp, Ferndale</i> ABA, ST, OT, recreational/music/feeding/art therapy etc.	HealthCall Community Healthcare Services (248) 395-3777 <i>Royal Oak, Berkley</i> ABA, ST, OT, feeding therapy, social skills, parent education +Medicaid
Early Autism Services (734) 545-6335 <i>Troy, Sterling Hts, *in-home</i> ABA, ST, OT	Open Door Living Association BELIEF Eclectic Learning (586) 218-8570 <i>Eastpointe, *in-home</i> ABA, ST
Orchid Autism (586) 741-6200 <i>Clinton Twp</i> ABA, ST, music therapy	Healing Haven (248) 965-3916 <i>Sterling Heights</i> ABA, ST
Judson Center (586) 573-1810 <i>Warren, Royal Oak, Farmington Hills, *in-home</i> ABA +Medicaid	Bridges Spectrum Therapy (586) 207-9255 <i>Shelby Twp, Macomb</i> ABA, OT, ST
Autism Systems 989-401-2244 <i>Warren, *in-home</i> ABA +Medicaid	GBC Autism Services (312) 882-1024 <i>Grosse Pointe (clinic) St Clair Shores, Harper Woods</i> <i>*in-home</i> ABA, school consultation services, Autism preschool program
Acorn Health 844-244-1818 <i>Clinton Twp, SCS, Madison Hts, *in-home, *community-based</i> ABA +Medicaid	Akoya Behavioral Health 734-294-5848 <i>Farmington Hills, Southfield, *in-home</i> ABA, ST, OT +Medicaid
Positive Behavior Supports Corp (PBS) 586-460-7530 www.teampbs.com <i>*in-home, community-based, school-based</i> ABA +Medicaid	Training and Treatment Innovations 800-741-1682 <i>Troy, Sterling Heights</i> ABA +Medicaid

Autism Resources

[Autism Alliance of Michigan](#)

- Personal MiNavigators assigned to your family who are available to assist with insurance investigation, finding evaluation and therapy centers in your area
- Extensive information available about autism and local resources

[Autism Support of Michigan](#)

- Provides a local search engine for finding evaluation and therapy centers

[Michigan Alliance for Families](#)

- Provides advocacy support for establishing IEP/504 plan accommodations for students and assistance accessing school-based therapies and supports

[ADEPT \(Autism Distance Education Parent Training\) through UC Davis Health Mind Institute](#)

- Modules and video lessons teaching parents of children with autism ABA techniques
- Google search for “ADEPT UC Davis” to find

[PLAY Project](#)

- Offer online courses to teach parents play-based therapy interventions to use with their children

[Project ImPACT](#)

- Parent coaching program for parents of children with ASD with interventions focused on giving parents strategies to help their children develop skills using ABA principles.

[Help Is In Your Hands](#)

- Website providing excellent caregiver tips and tricks to help encourage social and language learning through play, developed by autism treatment experts

[Flourishing Lives](#)

- Additional therapy support including occupational therapy, sensory integration, feeding therapy
- Located in St Clair Shores, (586) 293-1234
- May need a referral from Northpointe

[Kids on the Go](#)

- Provides physical, occupational, speech, and recreational therapies both over the summer and during the school year for children ages 3 to 17
- Lots of great classes and activities available, along with therapies, for children with special needs
- Main location in St Clair Shores, with class/therapy options in surrounding areas, (313) 332-1026

[My Relationships Project](#)

- Offers relationship courses and support groups, workshops, therapy for individuals and families,

and executive functioning support and tutoring. Located in Royal Oak, MI

On My Own of Michigan

- Provides family consulting, “independence college,” independence prep, skill building workshops, and independent living resources. Located in Troy, MI

Autism Ask

- Provides social groups for many different ages and interests
- Autism Response Team (ART) is a program to help families connect to resources.
- Can also call 1-888-AUTISM2 or email help@autismspeaks.org

Autism Society of Michigan

Books for Caregivers:

- “An Early Start for your Child with Autism: Using Everyday Activities to Help Kids Connect, Communicate, and Learn” by Sally J. Rogers, Geraldine Dawson, Laurie A. Vismara
- “Uniquely Human” by Barry M. Prizant and Thoas Fields-Meyer

[Autism Parenting Magazine](#)

[Autism Speaks](#)

- Autism advocacy and support, provides information and research about autism

[Autism Society of Michigan](#)

- Provides support and local resources

[State of Michigan Autism Program](#)

[National Institute of Health Autism Fact Sheet](#)